

Weyco packed lunch policy.

Aim

Our aim is to provide schools and pupils with a healthy and nutritious packed lunch which conforms to regulations set by the school food trust.

National guidance

This policy has been drawn up using a range of national documents including information and draft policy from the school food trust, the food in schools toolkit (department of health) and food policies in schools – a strategic policy framework for governing bodies (national governors' council, (NGC)2005). More information can be found at www.childrensfoodtrust.org.uk

Legislation and food standards

The children & families act 2014 places a legal duty on all state-funded schools in England, including academies and free schools to offer a free school lunch to all pupils in reception, year 1 and year 2 from September 2014.

Schools are legally required to provide meals that comply with the school meals standards. These standards are intended to ensure that children get the nutrition they need across the school day.

Weyco is dedicated in providing quality lunches to all pupils under the legislation and also to any other pupils whose families wish to purchase school meals and packed lunches.

What we do

To ensure that pupils are getting the best from their lunches we have a few basic rules we follow:

- All of our packed lunches contain at least 1 form of carbohydrates e.g. bread
- All of our packed lunches contain at least 1 portion of fruit and/or veg
- All of our packed lunches contain at least 1 form of dairy
- We do not provide fizzy or unhealthy drinks, we only provide healthy drinks e.g. water, fruit juice etc.

Special diets

We understand that some children have special dietary requirements and we as a food provider will do our best to accommodate. We encourage communication between parents, schools and the college to ensure a good partnership.

Footnote

Whilst Weyco endeavours to ensure that all packed lunches are healthy and conform to regulations, on occasion some lunches may supply a small cake. We ask parents and carers to make sensible decisions when choosing a child's daily lunch and to ensure they pick a healthy variety.

This document has been developed for packed lunch production and distribution, if further policy documents are required please refer to the Weyco food safety policy.