

WEEK 1	CELERY	CEREALS	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHUR DIOXIDE	Contains Pork
MONDAY															
Spaghetti Bolognaise		C													
Quorn Bolognaise		C		C											
Garlic Bread		C						M					M		
Chocolate Cookie		C		M			C			M			C		
Tuesday															
Chicken & Ham Pie		C		C			C								C
Vegetable Pie		C		C			C								
Yoghurt							C								
WEDNESDAY															
Home Breded Chicken Burger		C		C									C		
Vegatable Burger		C													
Wedges		C													
Waffles, Marshmallows & Cream		C		C			C						C		
THURSDAY															
Roast Pork															C
Stuffing Ball		C													
Wholemeal Veg Quiche		C		C			C								
FRIDAY															
Fish Fingers		C			C										
Fish Less Fingers		C													
Chips															
Carrot Cake		C		C			C						C		
DAILY															
Grated Cheese							C								
Baked Beans															
Fruit Pieces															
Yoghurt							C			M	M				

Packed Lunches

A														
Sliced Ham White Sandwich		C				C						C		C
Apple														
Vegetable Bag	C													
Lemon Drizzle Cake		C		C		C			M			C	C	
Fruit Yoghurt						C								
B														
Tuna Wrap		C		C	C									
Banana														
Vegetable Bag	C													
Mini Muffin		C		C		C					M	M		
Fromage Fraise						C								
C														
Cheddar Cheese Brown Roll		C				C						C		
Apple														
Vegetable Bag	C													
Chocolate Cookie		C		M		C			M			C		
Fruit Yoghurt						C								
D														
Houmous & Vegetable Sticks	C											C		
Pear														
Vegetable Bag	C													
Fruit & Rasins														C
Fruit Jelly														

C= Contains

M= May contain

WEEK 2	CELERY	CEREALS	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHUR DIOXIDE	Contains Pork
MONDAY															
Football Burger		C					C		C				C	C	C
Football Veggie Burger		C													
Onion Rings		C													
Fruit Coleslaw				C											
Batman Shortbread		C		C			C						C	C	
TUESDAY															
Fantstic Sausage		C												C	C
Vegan Sausage		C											C		
Mashed Potato							C								
Dorset Apple Cake & Cream		C		C			C								
WEDNESDAY															
Ham & Cheese Pizza		C					C						C		C
Cheese & Tomato Pizza		C					C						C		
Baked Beans															
Pancakes, Fruit & Cream		C		C			C						C		
THURSDAY															
Roast Chicken															
Stuffed Pepper															
FRIDAY															
Breaded Square Fish		C			C				C						
Falafel & Spinach 1/4 Pounder		C													
Fruit Jelly															
DAILY															
Tuna Mayonnaise				C	C										
Grated Cheese							C								
Yoghurt							C			M	M				

WEEK 3	CELERY	CEREALS	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHUR DIOXIDE	Contains Pork	
MONDAY																
Fantstic Sausage		C												C	C	
Vegetarian Sausage		C												C		
Jam Doughnut		C		M			M					M	M			
TUESDAY																
BBQ Chicken Tortilla Wrap		C														
BBQ Quorn Tortilla Wrap		C		C												
Blueberry Muffin		C		C			C					M	M			
WEDNESDAY																
Sweet & Sour Pork & Prawn Cracker		C	C						M	M	M			C	C	C
Sweet & Sour Vegetables									M	M	M			C		
Strawberries & Cream							C									
THURSDAY																
Roast Beef																
Yorkshire Pudding		C		C			C									
Mushroom & Stilton Wellington		C					C									
FRIDAY																
Fish Fingers		C			C											
Fishless Fingers		C														
Chips																
Strawberry Cheesecake		C					C									
DAILY																
Spaghetti Hoops		C														
Grated Cheese							C									
Seafood Mayonnaise			C	C	C											
Yoghurt							C			M	M					

WEEK 4	CELERY	CEREALS	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHUR DIOXIDE	Contains Pork
MONDAY															
Cottage Pie	M						C								
Quorn Cottage Pie				C			C								
Strawberry Mousse							C								
TUESDAY															
Hunters Chicken															C
Hunters Vegetables															
Croquette Potatoes		C													
Danish Pastry		C		C						M			M		
WEDNESDAY															
Chicken Meatballs		C												C	
Vegetarian Meatballs	M	C		M					M			M	C		
Curly Pasta		C													
Swiss Roll		C		C			C							C	
THURSDAY															
Hot Dog		C												C	C
Vegan Hot Dog	C	C											C		
Tortilla Chps															
FRIDAY															
Breaded Fish Fillet		C			C										
Mozzarella Sticks		C					C						C		
Fruit Trifle							C								
DAILY															
Grated Cheese							C								
BBQ Sausage		C							C					C	C
Youghurt							C			M	M				

Packed Lunch A

White Bread	Wheat Flour (with added Calcium, Iron, Niacin, Thiamin), Water, Yeast, Soya Flour, Salt, Preservative: E282, Emulsifiers: E472e, E471, E481, Flour Treatment Agent: Ascorbic Acid
Honey Glazed Gammon Ham	Pork Leg, Salt, Emulsifier E451(i) & E450. Sugar, Preservatives E250 & E251, Antioxidant E301. Honey, Colour E150c.
Kerrymaid Buttery Spread	Water, Rapeseed Oil, Palm Oil, Reconstituted ButterMILK (3%), Salt (1.5%), Emulsifier: Mono and Di-glycerides of Fatty Acids, Preservative: Potassium Sorbate, Acidity Regulator: Lactic Acid, Vitamin A &D, Colour (carotenes), Flavouring.
Vegetable Bag	Celery, Carrot, Mange Tout, Cherry Tomato

Packed Lunch C

Cheddar Cheese	Mature Cheddar (MILK), Cheese Alternative (Water, Palm Oil, Modified Starch, Salt, Potato Starch, Emulsifier: Trisodium Citrate, Colours: Titanium Dioxide & Beta Carotene, Preservative: Potassium Sorbate, Acidity Regulator: Lactic Acid) Anticaking agent: Cellulose
Brown Roll	Wheat Flour (Calcium, Iron, Niacin, Thiamine) Vegetable Fat (Palm), Salt, Dextrose, Emulsifier (Sodium Steroyl-2-Lactylate, Mono & Diglycerides of Fatty Acids), Wheat Flour (Calcium, Iron, Niacin, Thiamine), Vegetable Oil (Rapeseed), Stabiliser (Calcium Sulphate), Enzymes, Flour Treatment Agent (Ascorbic Acid (E300)) Saccharomyces Cerevisiae Wheat Gluten Water
Kerrymaid Buttery Spread	Water, Rapeseed Oil, Palm Oil, Reconstituted ButterMILK (3%), Salt (1.5%), Emulsifier: Mono and Di-glycerides of Fatty Acids, Preservative: Potassium Sorbate, Acidity Regulator: Lactic Acid, Vitamin A &D, Colour (carotenes), Flavouring.
Vegetable Bag	Celery, Carrot, Mange Tout, Cherry Tomato
Chocolate Cookie	WHEAT Flour (WHEAT Flour, Calcium carbonate, Iron, Niacin, Thiamin), Sugar, Belgian MILK Chocolate(18%) (Sugar, Whole MILK Powder, Cocoa Butter, Cocoa Mass, Emulsifier: SOYA Lecithin; Natural Vanilla Flavouring), Margarine (Palm Oil, Rapeseed Oil, Water, Coconut Oil, Emulsifier: Mono- And Diglycerides Of Fatty Acids; Natural Flavouring), Water, Maltodextrin, Palm Oil, Rapeseed Oil, Butterfat (MILK), Whey Powder (MILK), Stabiliser: Glycerol; Invert Sugar Syrup, Molasses, Raising Agent: Sodium Carbonates, Diphosphates.

Packed Lunch B

Tortilla Wrap

WHEAT flour (with calcium, iron, niacin, thiamin), water, rapeseed oil, raising agents (E450, E500, E341), salt, sugar, acidity regulators (E296, E330), yeast, preservative (E282)

Tuna

Skipjack Tuna (FISH), Water, Salt

Light Mayonaise

Water, Rapeseed Oil, Modified Maize Starch, Spirit Vinegar, Free Range Pasteurised EGG Yolk (2.3%), Sugar, Salt, Lemon Juice From Concentrate, Stabilisers (Guar Gum, Xanthan Gum, Pectin), EGG White Powder, Citrus Fibre, Preservative

Vegatbale Bag

Celery, Carrot, Mange Tout, Cherry Tomato

Packed Lunch D

Houmous

chick peas, water, antioxidant: ascorbic acid, Lemon juice from concentrate 60%, Water, Acidity Regulator: Citric Acid; Preservative: Potassium METABISULPHITE Roasted Pulped SESAME Seeds. Rehydrated Garlic (98%), Acidity Regulator(Citric Acid). Rapeseed Oil, Salt, Pepper

Vegetable Sticks

Celery, Carrot

Vegetable Bag

Celery, Carrot, Mange Tout, Cherry Tomato